

PMEX UPDATE

BUY  CRUDE10-SE26 81.47 -2.16% Expiry 19/Aug/26 Remaining 6 Days Entry 80.86 - 81 Stoploss 80.40 Take Profit 81.6 - 82	SELL  NGAS1K-SE26 2.7760 -1.00% Expiry 26/Aug/26 Remaining 13 Days Entry 2.77 - 2.76 Stoploss 2.79 Take Profit 2.75 - 2.74	SELL  GO10Z-DE26 4,443.26 -0.54% Expiry 26/Nov/26 Remaining 105 Days Entry 4464 - 4458 Stoploss 4480.00 Take Profit 4446 - 4436	SELL  SL10-SE26 65.16 -2.05% Expiry 27/Aug/26 Remaining 14 Days Entry 65.56 - 65.4 Stoploss 65.86 Take Profit 65.17 - 64.94
SELL  PLATINUM5-OC26 1,739.40 -1.69% Expiry 28/Sep/26 Remaining 46 Days Entry 1730 - 1726 Stoploss 1745.00 Take Profit 1710 - 1700	BUY  COPPER-DE26 6.5910 -0.37% Expiry 24/Nov/26 Remaining 103 Days Entry 6.6 - 6.61 Stoploss 6.57 Take Profit 6.64 - 6.66	SELL  ICOTTON-DE26 82.68 -2.01% Expiry 19/Nov/26 Remaining 98 Days Entry 83.47 - 83.26 Stoploss 83.95 Take Profit 82.8 - 82.37	BUY  DJ-SE26 54,029 0.29% Expiry 17/Sep/26 Remaining 35 Days Entry 53924 - 53962 Stoploss 53876.00 Take Profit 54044 - 54115
BUY  SP500-SE26 7,787 0.21% Expiry 17/Sep/26 Remaining 35 Days Entry 7775 - 7780 Stoploss 7768.00 Take Profit 7788 - 7795	BUY  NSDQ100-SE26 29,883 0.10% Expiry 17/Sep/26 Remaining 35 Days Entry 29932 - 29949 Stoploss 29791.00 Take Profit 30011 - 30100	BUY  GOLDUSDJPY-SE26 159.34 -0.05% Expiry 27/Aug/26 Remaining 14 Days Entry 159.14 - 159.24 Stoploss 158.95 Take Profit 159.44 - 159.65	SELL  GOLDEURUSD-SE26 1.1533 0.07% Expiry 27/Aug/26 Remaining 14 Days Entry 1.1546 - 1.1541 Stoploss 1.156 Take Profit 1.153 - 1.152

PMEX UPDATE



Major Headlines

Oil slips on weaker demand outlook and higher US stocks amid supply disruption

Oil prices declined on Thursday as investors assessed prospects for weaker global demand this year and higher U.S. crude stocks, while prices found support from a lack of progress in talks over the blockaded Strait of Hormuz and disruptions to supply.

Gold retreats from two-month high amid post-rally profit-taking

Gold prices slipped on Thursday, as investors moved to lock in profits after the yellow metal jumped to a fresh two-month high after cooling U.S. consumer price inflation against denting expectations for an imminent Federal Reserve interest rate hike.

Wall St futures tick higher as oil retreats ahead of inflation data

Futures tied to Wall Street's main indexes inched higher on Thursday as crude oil prices fell and investors awaited producer-price inflation data for clues on inflation and the Federal Reserve's interest rate path. Brent crude futures fell 1.9%, declining after six straight sessions of gains as investors assessed prospects for weaker global demand this year and higher U.S. crude stocks.

USD/JPY Price Forecast: Capped below the 50% retracement of July's plunge, at 159.50

The US Dollar (USD) remains practically flat against the Japanese Yen (JPY) on Thursday, as fading hopes of a Federal Reserve (Fed) interest rate hike in September have undermined speculative demand for the Greenback. The USD/JPY pair maintains its near-term upside trend intact, yet with bulls capped below the 50% Fibonacci retracement of July's sell-off, at the 159.50 area.

EUR/USD Price Forecast: Flatlines below 1.1550, while staying bearish under 100-day SMA

The EUR/USD pair holds steady near 1.1520 during the early European trading hours on Thursday. US inflation cooled on a year-over-year basis for a second straight month, easing pressure on the US Federal Reserve (Fed) to raise interest rates as soon as next month. The US Producer Price Index (PPI) report for July is due later on Thursday.

Economic Calendar

PPI (MoM) (Jul)
Initial Jobless Claims

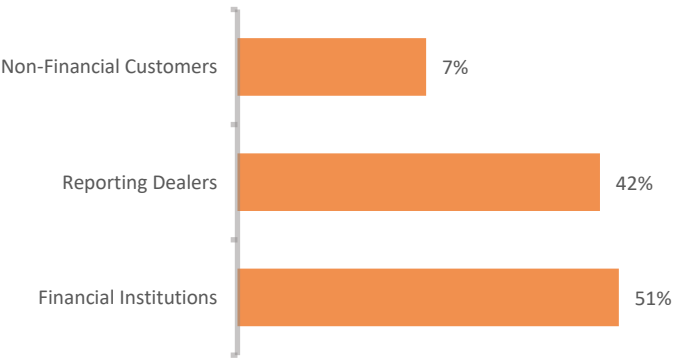
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Forex Market Hours

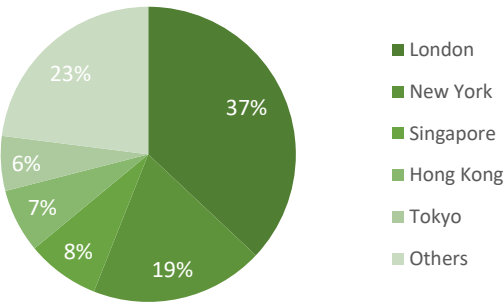


Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

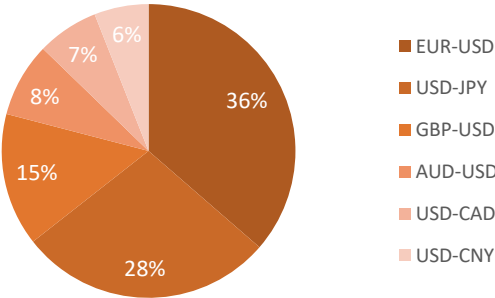
Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



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DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 278.22
- JPY/PKR: 1.70

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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